



# October '25

# MONTHLY

# NEWSLETTER

Swami Shraddhanand College, University of Delhi

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**Prof. Parveen Garg**

Principal, Swami Shraddhanand College

## Principal's Message

The college continues to uphold its commitment to academic excellence and cultural inclusivity. Our campus remains a vibrant space where students are encouraged to learn, lead, and express themselves through meaningful academic and co-curricular engagement.

The celebration of cultural inclusivity in the college campus reflects the spirit of unity and respect for diverse traditions. I extend my warm wishes to all students and hope everyone to stay motivated, involved, and committed to excellence throughout the year.

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### Upcoming Events

- National unity day celebration
- Vande matram celebration @150 years
- Special cover release ceremony of college
- Unity march Padyatra by NSS
- National conference on 'लोकमाता अहिल्याबाई होलकर के आध्यात्मिक और सांस्कृतिक पुनर्जीवन'

## 01. DIWALI MELA 2025



Swami Shraddhanand College celebrated its Diwali Mela 2025 on 14th October with vibrant enthusiasm. Organized by Commonia – The Commerce Society, the Student Union, and the Cultural Committee, the event showcased students' creativity, entrepreneurial skills, and teamwork. With high participation and a lively atmosphere, the celebration became a memorable highlight, reflecting the unity and spirit of the SSNC family.





### 02. MOU for Installation of Automatic Weather Station (AWS)



The installation of an Automatic Weather Station (AWS) under Mission Mausam, a flagship programme of the Ministry of Earth Sciences (MoES), Government of India in Swami Shraddhanand College is being jointly implemented by the Indian Institute of Tropical Meteorology (IITM - Pune), India Meteorological Department (IMD), and the National Centre for Medium Range Weather Forecasting (NCMRWF - Noida).

The objective is to strengthen ground-based weather monitoring for disaster management, early warning systems, and climate resilience, particularly for urban areas like Delhi which face challenges from extreme weather events.

### 03. Oath Ceremony of Student Union 2025-26



### 04. Onam Festival – A Cultural Festival Of Kerala.



the College held the Oath Ceremony for the Student Union 2025–26 on 6 October 2025, formally inducting representatives elected in September .Principal Prof. Parveen Garg administered the oath, urging the new team to lead with integrity and responsibility.

The elected office bearers are: Jatin Rajput (President), Samarth Bhardwaj (Vice President), Rohit Dangi (General Secretary), Laxmi Verma (Joint Secretary), and Central Councillors Shalu Kumari and Shanavaj Darbari.

The ceremony highlighted student leadership and democratic participation, with members pledging to uphold institutional values and contribute to the college's academic and cultural growth.

Dhwani Community organized an Onam celebration showcasing Kerala rich culture and traditions. Honorable Principal inaugurated the program. Students and staff participated in various activities like Pookalam (Flower Rangoli Arranging), traditional games, and cultural performances.

The event promoted unity, cultural appreciation, and joy among participants, strengthening community spirit and celebrating diversity on campus.





### 05. Art Festival- "भारत संस्कृति, कला एवं उत्सव का संगम"



The Art Foundation Committee of Swami Shraddhanand College held an Art Festival on 9 October 2025 at the Amphitheatre on the theme "भारत संस्कृति, कला एवं उत्सव का संगम." Students participated enthusiastically in Mehendi, T-shirt Painting, and Poster Painting competitions, celebrating creativity and India's rich artistic and cultural heritage.

Cash prizes were awarded to winners, and all participants received certificates.

### 07. Swami Shraddhanand Smriti Vyakhyan- "सनातन संस्कृति में पर्वों का महत्व और उनकी प्रासंगिकता"



13 अक्टूबर 2025 को स्वामी श्रद्धानंद महाविद्यालय में "सनातन संस्कृति में पर्वों का महत्व और प्रासंगिकता" विषय पर व्याख्यान आयोजित हुआ। दीप प्रज्ज्वलन और कूलगीत के बाद संयोजिका डॉ. प्रतिभा राणा ने बताया कि भारतीय पर्व समाज के नैतिक, आध्यात्मिक और सांस्कृतिक उत्थान के माध्यम हैं।

प्राचार्य प्रो. प्रवीण गर्ग ने पर्वों को जीवन-ठर्निं का प्रतीक बताते हुए छात्रों को उनसे प्रेरणा लेने का संदेश दिया। मुख्य वर्क्शॉप श्री रामकुमार ने विभिन्न भारतीय पर्वों के वैज्ञानिक, सामाजिक और आध्यात्मिक महत्व पर प्रकाश डाला।

कार्यक्रम का संचालन डॉ. रेखा गुप्ता और धन्यवाद जापन डॉ. मनीष कुमार ने कियाँ समिति के सभी सदस्य उपस्थित हैं। व्याख्यान सफल रहा और विद्यार्थियों ने उत्साहपूर्वक सहभागिता करते हुए भारतीय संस्कृति की समीझ को और गहरा किया।

### 08. Ankush and Mansi Secure Top Positions for Rivayat



The Entrepreneurship Cell and Incubation Center of Swami Shraddhanand College organized an Educational Conclave on 8 October 2025 on the theme "Shaping Futures: The Intersection of Education, Career, and Entrepreneurship," convened by Dr. L. R. Paliwal and Ms. Mansi Babbar.

The event featured a panel discussion with career coach Mr. Adit Yadav, educator-entrepreneur Ms. Nandini Sharma, and finance creator Ms. Nandini Sharma, who emphasized innovation, career planning, and skill development. Students were encouraged to explore emerging opportunities and align their education with entrepreneurial goals.

A concluding Q&A session offered practical insights into real-world challenges, inspiring students to pursue growth with curiosity and confidence.



Rivayat members Ankush and Mansi brought pride to Swami Shraddhanand College by securing the 1st and 3rd positions respectively in the NSS Inter-College Dance Competition held at Zakir Husain College.

The team expressed gratitude for the continuous support and guidance that inspire them to excel in every event.





### 09. Faculty Orientation Programme "Stress-Free Teaching"



The Har Ghar Dhyan Committee of Swami Shraddhanand College, in collaboration with the Art of Living Foundation, organized a Faculty Orientation Program on "Stress-Free Teaching" on 31 October 2025 at 10:30 a.m. in the Seminar Hall, New Building. Art of Living trainers Mr. Karan Rohera and Mrs. Jai Devi Rajrani ji conducted sessions on relaxation techniques (Sooksham Vyayam, Yog Nidra), breathing exercises (Pranayama), and short meditation practices. The theme, "Stress is too much to do in too little time," emphasized time management and emotional balance.

Through interactive discussions, faculty members reflected on stress triggers and learned practical methods to enhance calmness, focus, and teacher-student bonding for improved efficiency. Around 65 teachers participated and received certificates.

The session left participants refreshed and fulfilled the program's aim of promoting mental wellness and fostering a harmonious, effective teaching environment.



### NSS Corner

#### 10. Nivesh or Suraksha: Dak Ke Sang



On 10th October, the NSS unit of Swami Shraddhanand College, under the convenership of Dr. Ashutosh Kumar Jha, successfully collaborated with India Post to conduct the program "Nivesh aur Suraksha Dak Ke Sang."

The session informed students about Small Savings Schemes, Postal Life Insurance, and IPPB Digital Services. Interactive My Stamp and Aadhaar Update counters added a practical dimension, making the event highly informative and impactful.

#### 11. NSS Recruitment

On 13th October, the NSS Recruitment Interview and Group Discussion for Session 2025–2026 aimed to assess volunteers' leadership qualities, communication skills, and commitment towards social service.

The process ensured the selection of dedicated volunteers for the upcoming session and helped participants gain confidence and clarity about NSS responsibilities.





### NSS Corner

#### 12. Diwali Celebration under the Educational Drive



On 15th October, the NSS Unit conducted a Diwali Celebration under the Educational Drive at Alipur Village. Volunteers interacted with children, distributed diyas and biscuits, and fostered joy, empathy, and community bonding. The activity strengthened social responsibility among volunteers while spreading festive positivity among local families.

#### 13. Padyatra (Unity March) on Sardar Vallabhbhai Patel Jayanti



Under the convenership of Dr. Ashutosh Kumar Jha, organized a Padyatra inside the college campus on Sardar Vallabhbhai Patel Jayanti to promote unity, discipline, and national integration.

Held on October 30, 2025, the walk saw enthusiastic participation from volunteers who spread awareness about Patel's contribution to India's unity. The activity strengthened teamwork, leadership, and civic responsibility among students.

#### 14. Drawing Competition on Sardar Vallabhbhai Patel Jayanti



October 30, 2025 marked the NSS Unit's Drawing Competition held on Sardar Vallabhbhai Patel Jayanti to honour his contribution to national unity. Students showcased their creativity through artwork reflecting patriotism and leadership.

The activity enhanced creative skills, discipline, and awareness about the Iron Man of India among participants.

#### Editorial Board committee :-

Dr. Neetu Sharma Dr. Bijay Kumar Dr. Anoop Kumar Dr. Ruchika Gulati Dr. Deepak Dr. Virma Kumari Mr. Nitin Mishra  
(Convenor)

#### Student Coordinators :-

Adarsh Saransh Nitish Kumar Aniket Teerth raj  
(Bsc. Life Sciences) (Bsc. Life Sciences) (Bsc. Life Sciences) (Bsc. Life Sciences) (Bsc. Life Sciences)

